**Becoming a Level 5 Leader**

**Directions:** Answer all of the question below in complete sentences. Use numbering when listing items. You may refer to the video or interactive script to review the information covered. Save a copy into your folder into the ZDrive and turn in the final version into Engrade for grading.

1. What was the happiest person in the world thinking about when they scanned his brain?
2. What are the three components of compassion?
3. What are the 3 ingredients to “brewing compassion” in a corporate setting?
4. What are the 3 steps needed to “Search Inside Yourself”?
5. How can you apply the information shown in your own life? How do you think it will change your everyday experiences?